

YOUR GUIDE TO

PATIENT RESPONSIBILITY

3RD STREET
DISPENSARY 

LEE'S SUMMIT, MO MEDICAL MARIJUANA DISPENSARY

EST. 2020

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created for you by



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OUR MISSION

3rd Street Dispensary is committed to providing you access to quality marijuana along with information you can trust. All in a hospitable, safe, professional, and inviting environment.

Whether you're 21, 91, marijuana experienced or not, you will feel welcome, comfortable, and informed at 3SD. 3SD is founded and operated by local Lee's Summit residents, we are a family business and proud to bring this industry to our neighbors and the community we love and positively impact the lives of those in it. It is our mission to inspire goodness, to help you feel good and be well so you can "Live Life Good."

OUR PURPOSE

In spirit of our mission of goodness, this Patient Responsibility is designed to help you be a Good & Responsible Marijuana Patient – in other words, a safe and law-abiding marijuana user/patient as well as insight into a dispensary's role.

In your reading, we hope we will provide you a greater understanding of:

- the Missouri Medical Marijuana regulations
- the expectations and role of a dispensary
- your part in being a responsible patient and user.

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THANK YOU FOR READING

Aside from being a good patient, it is important to understand that irresponsible or illegal behaviors can result in the state forfeiting your Qualifying Patient Card, thus revoking your eligibility to purchase, possess and use marijuana.

Thank you for making the effort to be a Good and Responsible Marijuana Patient! You can count on 3SD to do our part too, we take the integrity of our product and the safety of our visitors, patients, and employee agents with the highest priority.

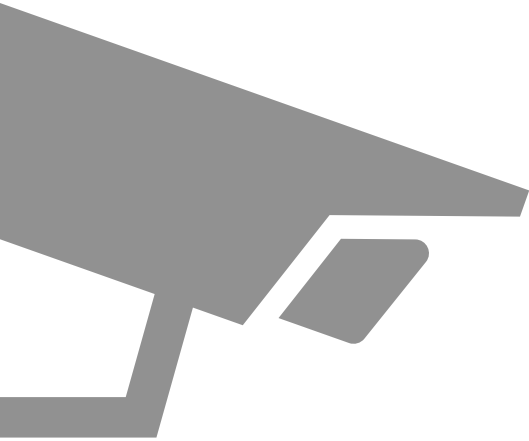
We encourage you to make note of any questions you encounter as you read, we are happy to provide answers or find answers.



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FOR YOUR INFORMATION

Thank you for choosing 3rd Street Dispensary. We know you have choices of where to shop, so we appreciate you giving us the opportunity to serve your needs and for supporting local business.



Security cameras on premises: the surveillance cameras are required by marijuana regulation and monitored to help capture and prevent criminal action and diversion of marijuana into the illegal market; and our armed security agents are provided by 3SD for both your and our added protection. Give them a big thank you!

Hours of Operation: By Lee's Summit city ordinance, no sales, distributions, or visitors may be on our premises outside of the hours of:

Mon - Fri	9am – 9pm
Sat	9am – 6pm
Sun	10am – 6pm

To fulfill every patient-guest experience, walk-ins are discouraged within 15 minutes of closing (after 8:45pm weekdays; 5:45pm weekends). We will do our best to serve and accommodate you and appreciate your understanding if we must ask you to return another day at an earlier time.

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11 WAYS TO BE A RESPONSIBLE MEDICAL MARIJUANA PATIENT

What does it take to be a "good" medical marijuana patient? Read on to learn more about our recommendations for the responsible use of cannabis products.

1. Ask Questions

Ask as many as you like. The more you ask, the more you share, the better we can help understand your needs and desires. Your 3SD Budtender Agent [Product Specialist] will be happy to answer your questions.

2. Be Open & Honest

Our Budtender Consultation Stations were purposely designed for your comfort and privacy in mind, like chatting around a kitchen island talking shop (or pot). But if you require more privacy for your comfort, simply ask your Budtender Agent for the consultation room.



3. Understand the Role of a "Dispensary"

3rd Street Dispensary is a medical marijuana dispensary. This means we are qualified and licensed to dispense; it's important to understand that our agents, including our pharmacist, are not doctors.

3SD Agents are not permitted by law or 3SD policy to prescribe patient cards, to prescribe marijuana, or allowed to give medical advice. Our Agents are allowed, along with qualified and eager, to help you select the best marijuana product to fit your need(s).

During each of your 3SD consultation experiences, together, we will discover exactly what you are hoping to achieve with marijuana to guide you accordingly. It is imperative that you talk with all your doctors for medical advice, to discuss your conditions, medications, and marijuana interactions with medications.

4. Always Have Your Patient Card

You'll need to have a qualifying Patient or Caregiver card on you to purchase marijuana at a dispensary, and always when in possession of marijuana.

Only qualifying patient and primary caregiver cardholders, and if requested by a qualifying patient, up to two additional persons to support the patient (minimum of 18 yrs old) may enter the secure sales area beyond the dispensary's lobby. ID's must be original, unaltered, active, and in good legible condition. Expired or copies are not accepted.

5. Know Your Purchase & Possession Limits

Qualifying Patients may purchase (or get purchased on their behalf by their caregiver) up to four ounces of dried, unprocessed marijuana, or its equivalent in a thirty-day period; and may only possess up to a 60-day supply. Some patients apply and qualify for more.

Dispensaries may sell seeds to a patient that has a Patient Cultivation card; but dispensaries are not allowed to sell clones or any marijuana plants at any stage of development.

6. Respect Patient Privacy

For privacy purposes, we prohibit loitering, children, and photos/videos inside of 3SD. No one under the age of 18 is permitted. Fur-babies are welcome, they cannot go to school and say they saw their teacher at 3rd Street Dispensary.

Your privacy is taken seriously. 3SD's policy and Agent training contains strict Code of Conduct, including HIPAA, confidentiality, common courtesy, anti-gossip policies, along with measures to protect our digital networks, surveillance, and data.

privacy
policy

7. Familiarize Yourself With the Laws

Help yourself by knowing the laws associated with your Patient or Caregiver Card. Marijuana users should be well informed about its effects on themselves and others; and these effects include both legal and health risks, and personal consequences. Here are a few helpful highlights of marijuana regulations, keep in mind this list is not all inclusive:

- If a Patient (or Caregiver) cardholder violates the regulations, the DHSS can revoke their Patient Card and the legal permissions to access or possess marijuana.
- Keep your card on you when you are in possession of marijuana; and know your possession limits.
- It is illegal to share or sell your medical marijuana. Your medication is for you and you only.
- If you lose your card or it gets stolen, the state says to report it within 2 days. Your card can be revoked if it is used by someone else other than you without you reporting it.
- All marijuana is required to be stored in or with its original packaging.
- 3SD has the lawful obligation and moral duty to report concerning behaviors and refuse a sale in the event of suspected violations. Attempted theft or theft, suspicion of diversion by selling your medicine, sharing your medicine, signs of drug abuse or addiction, public consumption are some reportable or concerning examples.
- No qualifying patient who is under the care of a primary caregiver may serve as a primary caregiver for another qualifying patient; and no individual can serve as a primary caregiver for more than three qualifying patients.
- Dispensaries can only sell Missouri grown marijuana or Missouri manufactured marijuana products from Missouri licensed facilities, and those facilities are required to lab test products. While this may have added time to the initial supply and access to marijuana, it does provide trust-worthy products and safety assurances unlike potentially tainted street or I-gotta-guy products.
- Consume in the safety of your home, as public consumption is illegal. For this purpose and your safety, 3SD is classified as public in support of MODOT's efforts to prevent impaired driving. "Drive High, Get a DUI."
- You can and should read more of the Marijuana Regulations, particularly pertinent to Patient Cards at www.health.mo.gov. You can also find a convenient link on our website.



8. Consider Purchasing in Smaller Quantities/Assortments

Here's why:

Bulk purchases are commonly tempting due to its perception of providing a monetary savings, but it is not always the best value until you've found and established your projected dosage and usages, as well as your favorite strains and methods. We can certainly appreciate larger purchases, but not at your expense on a product that doesn't provide you your favorite effect and optimal relief. In summary, 3SD encourages you to buy in quantities that you know you will use and like.

The law does not permit dispensaries to accept returns on opened products, even if it is opened while you are in the dispensary. This is another good reason to establish what you like or works best first.

It is 3SD's policy to not accept any product returns, opened or not, because we cannot guarantee the safety or honor the integrity of the product once it leaves our premises. If you are unhappy or experiencing trouble with a purchase, we still want to hear from you and help you troubleshoot.

3SD does accept take-backs for disposal purposes. This is different than a return. A take-back is a process where you need to return a product for safe disposal, in cases when the medication is no longer needed or expired, or if the patient's card is invalid, expired, or revoked, or the patient has moved out of state or passed, etc. The state has specific procedures for discarding marijuana products, including reporting and transportation to discard it. Call us if you need help or guidance in the disposal process or the disposal itself.



9. Consider Your Behavioral and Society Responsibility

Medical marijuana should be used as part of a healthy, balanced, and responsible lifestyle, such as:

- The decision to use should be made freely and responsibly, and not stem from social pressure.
- Patients should develop sensible marijuana use limits self-based on personal, health, situational, and cultural factors.
- It is important to be objective about your personal marijuana use and listen to the constructive advice of trusted others.
- Medical marijuana should contribute to, rather than detract from a patient's health, well-being, creativity, work, relationships, and social obligations.
- Patients should avoid medical marijuana use that puts them or others at risk.
- Patients should never use medical marijuana as an excuse for anti-social or irresponsible behavior.
- Treat your marijuana as you treat other medications. Do not share it with friends, family members, children, or fur babies. Store it in its original packaging securely out of reach and danger of children, pets, and others that may use it intentionally or unintentionally.
- Consider talking to your children about your marijuana medication openly, as you would discuss the safety and risks of other medications or alcohol.



10. Consume Cannabis Safely

This encompasses an array of important factors that range from diligent questioning and pro-active education, to an honest self-evaluation.

a. Talk to your doctor. Always, at the top of the list, talk to your doctor about your Rx and OTC (over-the-counter) medicines that you are taking to see if cannabis is right and safe for you. Like many other medications, marijuana has individual effects and interactions with medications, supplements, herbs, or diets.

b. Dose with caution. Dose like a crockpot - start low and go slow! Your Budtender (product specialist) can help you define low and slow.

c. Journal. Marijuana journaling will help you achieve the most positive, personalized cannabis experience and prevent an undesired effect from over consumption. It helps you to remember the products you've tried, what strains they were, and how they made you feel. By journaling, you can reflect on your starting point and how you felt with each experience. These are all important keys to mapping out a plan for you. (print a free journal page template from our website)

d. Know the potential risks and side effects of marijuana. Marijuana is medicine, and the medicinal effects differ between individuals - know how marijuana affects YOU. Side effects / contradictions may occur which may reduce coordination, inhibit patient's ability to operate a motor vehicle or machinery, care for children, make decisions, and affect job performance. The most common effects are appetite stimulation, reddened or dry eyes, dry mouth/cotton mouth, altered sense of time.

Examples of over consumption or adverse reaction include temporary nausea, vomiting, perspiration, anxiety, paranoia, or increased heart rate. Over-consumption of marijuana has not been linked to cause death, but the side effects from over consumption like paranoia, sweats, anxiety, or increased heart rate could exacerbate other health complications. Heart racing or skipping a beat are signs that should be closely monitored, this adverse reaction is particularly dangerous for someone with a heart condition. Long term marijuana user could experience side effects from sudden withdraws, such as intensified anxiety, depression, and although rare, suicidal ideation.

If you find yourself exhibiting alarming thoughts, habits, or scenarios, you may be at risk of addiction or harm. Seek help, talk to a doctor, a trusted friend or call a hotline. Do not struggle alone! [Local in Lees Summit, ReDiscover 844-994-4325 National Hotline Substance Abuse & Mental Health Service Administration SAMHSA 800-662-4357 \[help\]](#)

e. Evaluate yourself, know to avoid use of marijuana if you have one of the following problems or conditions, or carefully chose your marijuana medicine and with a doctor's supervision: History of psychosis, or schizophrenia, or unstable psychiatric disease. Have an unstable heart or heart disease because marijuana can affect your heart rate and blood pressure. If you are pregnant or trying to become pregnant, or breastfeeding. If you struggle or have a history of addiction to any drugs or alcohol. Marijuana affects brain development in minors, please face your situation weighing risk and reward. If you have a history of bipolar disorder, exercise caution when using cannabis. Sativa or strains high in THC could worsen anxiety, paranoia, and mania, while Indica strains could worsen depressive episodes or cause suicidal thoughts or urges.

f. Do not mix drugs! Know the inherent risks and dangers of DRUG-TO-DRUG INTERACTIONS. Stay informed on the evolving science of medication and cannabis, we will do our best to help too! Please be sure to read 3SD's Drug-2-Drug Interaction Guidelines, it is drafted as an attachment as it is expected to change as science discovers and updates information. A few guidelines that will remain constant are: Like any medications, marijuana should not be combined with any other medication - Rx, OTC, supplement, or alcohol, without first discussing it with your doctor. Combining medicines is dangerous and potentially fatal. Drug interactions can be affected by various factors including the patient's physical condition and disease state, their prescribed medications, and how well their body is metabolizing (breaking down & eliminating the drug). Cannabis can interfere, interact, or change the effectiveness and potency of some drugs. This is important to know because when potency is changed, it means you need to change the dosage of the prescribed medication and/or marijuana. There is both limited and contradictory data on the significant drug interactions caused by medical marijuana, always error on the side of caution. Seek immediate help if you, a child, a pet, or anyone is believed to have an adverse reaction for any reason: Call National Poison Control 314-772-8300 or Missouri Poison Control Center 314-772-8300 or 911.

& LAST BUT NOT LEAST...

11. Make Your Marijuana Product Selections Based on Your Individual Needs

Seek education on the different strains of marijuana as well as the methods/forms that is best for your need, 3rd Street Dispensary is happy to help you with that during your visit or consultation.

SELECT THE RIGHT STRAIN

Not all marijuana strains are created equal. When authorized to use medicinal marijuana, one of the first steps is education to find out what kind of marijuana is best known for your symptoms or desired goal. Until you know which strain or dose is best and exactly how it affects you...

- Try in small dosages in the comfort of your own home.
- Journal (Check out our free self-print journal template on our website)
- Ask your 3SD Budtender Agent questions and be open/honest about your goals.

This will help you test different strains to find your perfect match. Keep in mind, strains are specie generalizations. The product's profile, which is characterized by percentages of cannabinoids and terpenoids is more important. The different strains and profiles can seem overwhelming at first, but your 3SD Budtender Agent will help educate you on the purported effects of the varieties.

SELECT THE RIGHT CONSUMPTION METHOD

There are many different methods of using marijuana, but not all methods consumption devices or types may be ideal for you. For example, many patients appreciate the gradual body effects most popularly achieved from edibles while others prefer a more immediate effect that smoking offers. But, in some patients with certain health conditions like COPD (lung), smoking could aggravate symptoms instead of alleviating them; therefore, as in this example, one would require greater factors than preferences alone in making their choice. Before you buy:

- Engage with your 3SD Budtender Agent, they know their products and methods and can help you select a method to fit your need, while also ensuring you know all the tips how to use the method.
- Ask lots of questions, as many as you want.
- It is always advised to talk to your doctor - discuss your condition and medications, and the consumption method options available or suggested for you.

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Common Cannabis Consumption Methods, Species, and Their General Effects

Most Common Consumption Methods		3 Most Common Species	
Inhalation	Fast-acting, immediate but not long-lasting effects.	Sativa Narrow Leaf	Focus, anxiousness, energy, insomnia, paranoia
Edibles Ingestion	Slow-acting, but also powerful and longer lasting.	Indica Broad Leaf	Relaxed, calm, sleepy, lack of motivation, lethargic
Topical	Minimal head effects, but on-site, targeted relief	Hybrid	A mix of the sativa and indica species — may cause euphoria, awareness

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In closing, we thank you again for making the effort to be a responsible marijuana patient! You can count on 3SD to do our part too, from the integrity and knowledge of our products to patient consultations and education. New patient registrations will be kindly required to sign to a consent acknowledging that 3SD has provided you these responsibility guidelines.

Please don't hesitate to ask questions or make requests, we are here to help and serve you to the best of our ability.

For more good stuff, be sure to check out:

- Our Community Engagement Program where you can learn more about the good things 3SD strives to do along with finding helpful resources and potential savings you may qualify for.
- Our website for events, news, education, menu, and a free self-printing patient journal template.
- Ask your Budtender [Product Specialist] about our loyalty program that earns you savings, and eligibility for delivery too.

It is worth repeating, we truly thank you for choosing 3rd Street Dispensary. We know you have choices of where to shop, so we appreciate you giving us the opportunity to serve your needs and for supporting local business.

Live Life Good,
3rd Street Dispensary